

OFFICIAL TEAM ROSTER



JULY 16, 2016 • WADDINGTON
 St. Lawrence River
**DRAGON
 BOAT**
Challenge

Team Name:			Team Captain:		
Company Name:			Drummer:		T-SHIRT SIZE
PADDLERS:			M/F	T-SHIRT SIZE	
1.			11.		
2.			12.		
3.			13.		
4.			14.		
5.			15.		
6.			16.		
7.			17.		
8.			18.		
9.			19.		
10.			20.		
ALTERNATE PADDLERS:			M/F	T-SHIRT SIZE	
1.					
2.					
3.					

Shirt sizes available:
Small - 3XL (unisex)

all team members get a shirt but sizes can't be guaranteed on orders received after June 25

Final roster and all paddlers' signed waivers must be received by the St. Lawrence River Dragon Boat Challenge from the Team Captain no later than Friday, July 8, 2016. Changes made after this date are not guaranteed. Paddlers without proper documentation (waiver) on file will not be able to participate in the scheduled 90-minute practice session or receive a wrist band on race day, and therefore will not be allowed in the Marshaling Area. All paddlers wishing to race with your team must be registered on this document and be wearing a wrist band. **Only 3 alternates allowed. Each team is required to have at least 8 women.**

Registration deadline: June 30, 2016

Ishea@chmed.org
 Phone: 315.713.5249
 Claxton-Hepburn Medical Center
 214 King Street
 Ogdensburg, NY 13669